Ronald McDonald House Charities Mission Statement

Ronald McDonald House Charities of the Capital Region, Inc. promotes the health, development, and well-being of children and their families. We accomplish this through the Ronald McDonald House, a home-away-from-home for families of seriously ill children, and by creating and supporting programs that directly improve the lives of children and their families.

Volunteers are the heart of the Ronald McDonald House, it is their support and caring every day that make the “House That Love Built” a reality. And we need you too! Once a week, once a month, a special one-time project or fundraiser.

Ronald McDonald House Charities

Service Day at the House

Baking for families

In-House Volunteering

Providing a Meal

139 South Lake Avenue
Albany, NY 12208

Phone: 518-438-2655
Fax: 518-459-6529
Web Site: www.RMHCofAlbany.org

“The House That Love Built”

VOLUNTEER OPPORTUNITIES
There are many ways you can help children and families at Ronald McDonald House Charities. Volunteers of all ages can help, however individuals under 15 years of age are asked to volunteer with a parent or another adult. Please contact our Volunteer Coordinator for more information on all volunteer opportunities, or if you would like to plan your own fundraising event to benefit RMHC.

**INDIVIDUAL AND GROUP OPPORTUNITIES**

**MEAL PARTNERS**– You can provide a home cooked breakfast or dinner to families allowing them to focus their time on their hospitalized child without the worry of the cost or time it takes to feed themselves.

**BAKED GOODS**– Your special treats are a welcomed and needed comfort for families residing at the House and visiting the Family Room. Schedule a time to bake at the House to provide your best treats and home like atmosphere. *We cannot accept baked goods made from home.*

**WISH LIST DRIVES**– Single sized snack foods and wish list items provide the essential items families need during their child’s hospital stay, to give them all the comforts of home. Your collection can make the difference to a family rushed in on an emergency.

**HELP WITH ALL YOUR HEART**– Sell paper hearts for just one dollar from January-February in your school, business, or place of worship to support RMHC to raise the much needed funds to keep us here for the future.

**SERVICE DAYS**– Bring your helping hands to help clean and organize the Ronald McDonald House keeping our “House That Love Built” a beautiful haven for the families who need us.

**SARATOGA FAMILY FUN FESTIVAL**– Help us to run kids carnival games and pony rides at the Saratoga Race Course on Sunday & Monday of Labor Day weekend.

**CAROLING FOR KIDS**– Schedule a group of friends to spread holiday cheer in your neighborhood while helping seriously ill kids and their families at RMHC. Call to sign up and receive your caroling kit that includes instructions, song sheets, and announcements to distribute in your neighborhood.

**LEADERSHIP OPPORTUNITIES**

**Service Leaders**
Assist small groups in their volunteer efforts to help families of RMHC. Share your knowledge of RMHC and tour the group through the Ronald House. Help to direct the group members in their clean up and organization efforts.

**Committee Members**
Help to organize specific fundraisers like Caroling for Kids, Help with all Your Heart, Teddy Bear Banquet, Radiothon, and Fashion Show committees. You can also help to beautify the House through the Operations or Gardening Committees. With your writing talents you can assist the Newsletter Committee.

**Teen Advisors**
Our Teen Ambassador Program offers high school students the opportunity to be more active in community service by supporting RMHC programs. This enriching experience gives them knowledge and understanding of all aspects of running a non profit organization. They support RMHC programs directly, raise awareness and encourage support in their school and community, assist in fundraising, and gain leadership skills. Your help is needed to offer guidance and support to the teens in their efforts.